

# CONTOUR KneezUp Leg Wedge

Sooth sore and achy knees, relax tired legs and help reduce back strain with this simple positioning leg wedge

Medical experts agree that sleeping with your knees elevated will help improve circulation to your lower extremities



## Benefits Include:

- Helps reduce pressure on the lower back by allowing the lumbar curve to flatten out
- Designed for the treatment of varicose veins and phlebitis
- Elevates knees to a 30 degree angle so joints and muscles can relax, rest and rejuvenate
- Helps increase blood flow to the lower extremities
- Made of medical grade foam and covered with a soft velour cover that can be removed for washing

This wedge is easy is also great for recovery from knee surgery!